

TESS THOMPSON

One Brookings Drive, Campus Box 1196, St. Louis, MO 63130
314-935-3714 • tessthompson@wustl.edu

EDUCATION

- PhD** Social Work, Washington University in St. Louis, 2016
Dissertation: “Social Support and Intimate Partnerships in African American Women with Breast Cancer”
- MPH** Washington University in St. Louis, 2012
- M.Phil** English Studies, University of Oxford, 1999
- BA** English, Pennsylvania State University, 1997
-

ACADEMIC APPOINTMENTS

- 2017–present Research Assistant Professor, Brown School of Social Work,
Washington University in St. Louis
- 2016–2017 Postdoctoral Research Associate, Health Communication Research Laboratory,
Washington University in St. Louis
-

RESEARCH FUNDING AND FELLOWSHIPS

Current support

- Mentored Research Scholar Grant 7/1/2019–6/30/2024
American Cancer Society \$674,074 direct costs
Analyzing outcomes for African American breast cancer patients & caregivers
Role: Principal investigator
- R01 CA235773-01A1 7/1/2019–6/30/2024
NIH/NCI \$2,794,837 direct costs
Expanding population-level interventions to help more low-income smokers quit
Role: Co-investigator (PI: Kreuter)
- 1R01 CA2011429-01 07/01/2016–06/30/2021
NIH/NCI \$2,075,619 direct costs
Helping the poor quit smoking: Specialized quitlines and meeting basic needs
Role: Co-investigator (PI: Kreuter)
- Envolve Grant 07/01/2015–06/31/2020
Envolve Center for Health Behavior Change \$1,210,34 direct costs
Establishing an evidence-based approach to achieving and sustaining measurable improvement in health behavior and health outcomes
Role: Data analysis, dissemination (PI: Grinstein-Weiss)

Completed support

P.E.O. Scholar Award

08/1/2015–07/31/2016

International Chapter of the PEO Sisterhood

\$15,000 award

Social support and intimate partnerships in African American women with breast cancer

Role: Principal investigator

AWARDS AND HONORS

Brown School Class Gift Scholarship, Washington University in St. Louis, 2011–2012

Maternal & Child Health Student Fellow, American Public Health Association, 2011–2012

BJC Scholar, Washington University in St. Louis, 2010–2012

St. Hilda's College Graduate Scholarship, University of Oxford, 1998–1999

Rhodes Scholarship, University of Oxford, 1997–1999

Eric A. Walker Award for enhancing the reputation of Penn State, 1997

Sams Award for best creative honors thesis in English at Penn State, 1997

PEER-REVIEWED PUBLICATIONS

1. Kreuter MW, Garg R, **Thompson T**, McQueen A, Javed I, Golla B, Caburnay C, Greer R. (In press). Assessing the capacity of local social service agencies to respond to referrals from health care providers. *Health Affairs*.
2. **Thompson T**, Rodebaugh TL, Bessaha M, Sabbath E. (2019, online). The association between social isolation and health: An analysis of parent-adolescent dyads from the Family Life, Activity, Sun, Health, and Eating Study. Doi: <https://doi.org/10.1007/s10615-019-00730-2>
3. **Thompson T**, McQueen A, Croston M, Luke A, Caito N, Quinn K, Funaro J, Kreuter, MW. (2019). Social needs and health-related outcomes among Medicaid beneficiaries. *Health Education & Behavior* 46(30), 436-444. Doi: <https://doi.org/10.1177/1090198118822724>
4. McQueen A., Roberts C., Garg R., Caburnay C., Fu Q., Gordon J., Bush T., Pokojski R., **Thompson T**. and Kreuter M. (2019). Specialized tobacco quitline and basic needs navigation interventions to increase cessation among low income smokers: Study protocol for a randomized controlled trial. *Contemporary Clinical Trials* 80, 40-47. Doi: <https://doi.org/10.1016/j.cct.2019.03.009>
5. Bundy L, Haardoerfer R, Kegler M, Owolabi S, Berg C, Escoffery C, **Thompson T**, Mullen P, Williams R, Hovell M, Kahl T, Harvey D, Price A, House D, Booker B, Kreuter M. (2018, online ahead of print). Disseminating a Smoke Free Homes program to low-income households through 2-1-1: Results of a national impact evaluation. *Nicotine & Tobacco Research*.

6. **Thompson T**, Roux A, Kohl TL, Boyum S, Kreuter MW. (2018). What would help low-income families? Results from a national survey of 2-1-1 helpline professionals. *Journal of Child Health Care* 22(4), 670-683. doi: <https://doi.org/10.1177/1367493518777152>
7. McQueen A, Kreuter M, Loughran M, **Thompson T**, Poor T. (2018, online ahead of print). Perceptions of health coaching for behavior change among Medicaid and commercially-insured adults. *Health Promotion Practice*. doi: 10.1177/1524839918790936
8. **Thompson T**, Kreuter MW, Caito N, Williams R, Escoffery C, Fernandez M, Kegler MC. (2017). Implementing an evidence-based tobacco control program at five 2-1-1 call centers: An evaluation using the Consolidated Framework for Implementation Research. *Nicotine & Tobacco Research* 21(2), 180-197. doi: 10.1093/ntr/ntx232
9. **Thompson T**, Pérez M, Kreuter MW, Margenthaler J, Colditz G, Jeffe, DB. (2017). Perceived social support in African American women with breast cancer: Predictors and effects. *Social Science & Medicine* 192, 134-142. doi: 10.1016/j.socscimed.2017.09.035. Corrigendum published Feb. 1, 2019: <https://doi.org/10.1016/j.socscimed.2019.01.030>
10. Dunnigan A, **Thompson T**, Jonson-Reid M, Drake FB. (2017). Chronic health conditions and children in foster care: Determining demographic and placement-related correlates. *Journal of Public Child Welfare* 11 (4-5), 586-598. doi: 10.1080/15548732.2017.1339655
11. **Thompson T**, Rodebaugh TL, Pérez M, Struthers J, Sefko JA, Lian M, Schootman M, Jeffe DB. (2016). Influence of neighborhood-level factors on social support in early-stage breast cancer patients and controls. *Social Science & Medicine* 156, 55-63. doi: 10.1016/j.socscimed.2016.03.023
12. **Thompson T**, Kreuter MW, Boyum S. (2016). Promoting health by addressing basic needs: Effect of problem resolution on contacting health referrals. *Health Education & Behavior*, 43(2), 201-207. doi: 10.1177/1090198115599396
13. Boyum S, Kreuter MW, McQueen A, **Thompson T**, Greer R. (2016). Getting help from 2-1-1: A statewide study of referral outcomes. *Journal of Social Service Research*, 42(3) 402-411. doi: 10.1080/01488376.2015.1109576
14. **Thompson T**, Seo J, Griffith J, Baxter M, James AS, Kaphingst K. (2015). The context of collecting family health history: Examining definitions of family and family communication about health among African American women. *Journal of Health Communication*, 20(4) 416-423. doi: 10.1080/10810730.2014.977466
15. Cappelletti ER, Kreuter MW, Boyum S, **Thompson T**. (2015). Basic needs, stress, and the effects of tailored health communication in vulnerable populations. *Health Education Research* 30(4): 591-598. doi: 10.1093/her/cyv033
16. Purnell JQ, **Thompson T**, Kreuter MW, McBride TD. (2015). Behavioral economics: “Nudging” underserved populations to be screened for cancer. *Preventing Chronic Disease* 12:140346. doi: 10.5888/pcd12.140346

17. Rodebaugh TL, Lim MH, Shumaker EA, Levinson CA, **Thompson T**. (2015). Social anxiety and friendship quality over time. *Cognitive Behaviour Therapy*, 44(6)502-511. doi: 10.1080/16506073.2015.1062043
18. **Thompson T** & Kreuter M. (2014). Using written narratives in public health practice: A creative writing perspective. *Preventing Chronic Disease* 11:130402. doi: 10.5888/pcd11.130402
19. **Thompson T**, Rodebaugh TL, Pérez M, Schootman M, Jeffe DB. (2013). Perceived social support change in patients with early stage breast cancer and controls. *Health Psychology* 32(8), 886-895.
20. **Thompson T**, Seo J, Griffith J, Baxter M, James AS, Kaphingst K. (2013). “You don’t have to keep everything on paper”: African American women’s use of family health history tools. *Journal of Community Genetics* 4(2), 251-261.
21. Kaphingst KA, Kreuter M, Casey C, Leme L, **Thompson T**, Cheng M, Jacobsen H, Sterling R, Oguntimein J, Filler C, Culbert A, Rooney M, Lapka C. (2012). Health Literacy INDEX: Development, reliability, and validity of a new tool for evaluating the health literacy demands of health information materials. *Journal of Health Communication* 17 Suppl 3:203-21.

BOOK CHAPTER

Thompson T & Kreuter MW. (2014). Narrative-based health communication interventions: Using breast cancer survivor stories to increase breast cancer knowledge and promote mammography. In *Health communication: Strategies for developing global health programs*. D Kim, A Singhal, GL Kreps eds. New York: Peter Lang Publishing.

OTHER PUBLICATIONS

Thompson T. (December 16, 2017). CHIP should get a long-term funding extension. Letter to the editor of the *St. Louis Post-Dispatch*.

Thompson T. (September 24, 2017). Graham-Cassidy bill a disaster for public health. Letter to the editor of the *St. Louis Post-Dispatch*.

Thompson T & Rodebaugh T. (April 20, 2017). Thanks senators for supporting scientific research funding. Letter to the editor of the *St. Louis Post-Dispatch*.

Thompson T. (December 7, 2016). Declare that discrimination is unacceptable. Letter to the editor of the *St. Louis Post-Dispatch*.

Thompson T, Budd E, Zwald M. (November 20, 2014). Meeting with peers is critical for public health professionals. Letter to the editor of the *St. Louis Post-Dispatch*.

Thompson T. (2012). A group effort: Penn State’s 500,000-plus alumni need to be a voice for change. *The Penn Stater* magazine. 99(3):40.

INVITED TALKS

Thompson T. African American breast cancer patients and their caregivers. Keynote speech at the American Cancer Society Making Strides of St. Louis Kickoff Breakfast, August 23, 2019.

Thompson T. African American women with breast cancer: Survivor stories, social support, and survivorship care planning. Presented at the St. Louis Breast Cancer Community Partnership meeting, July 10, 2019.

Thompson T. Social support in breast cancer patients. Presented at Clinical Science Seminar, Department of Psychological and Brain Sciences, Washington University in St. Louis, October 30, 2018.

Kreuter M, **Thompson T.** What Medicaid members value and what this means for us. Webinar presented to Centene Corporation and the Envolve Center for Health Behavior Change, October 18, 2018.

PRESENTATIONS AND POSTERS

Chaired symposium

Thompson T. *Expanding the horizons of behavioral medicine with qualitative and mixed-methods research: Voices of diverse cancer patients.* Symposium chaired at *Society of Behavioral Medicine Annual Meeting*, March/April 2017, San Diego, CA.

Symposium and paper presentations

Thompson T, Pérez M, Yan Y, Kreuter M, Margenthaler J, Colditz G, Jeffe D. Survivor Stories: Quality of life results from a randomized controlled trial of a video narrative intervention. Paper presented at the *Society of Behavioral Medicine Annual Meeting*, March 2019, Washington, DC.

Pérez M, Kreuter M, Yan Y, **Thompson T,** Margenthaler J, Colditz G, Jeffe D. African American breast cancer survivor stories: Topics of interest among newly diagnosed African American patients. Paper presented (by senior author) at the *Society of Behavioral Medicine Annual Meeting*, March 2019, Washington, DC.

Thompson T, Rodebaugh TL. Parental social isolation is associated with parental and teenage health: A dyadic analysis of data from the Family Life, Activity, Sun, Health, and Eating Study. Paper presented at the *Society for Social Work and Research Annual Meeting*, January 2019, San Francisco, CA.

Thompson T, Pérez M, Davis M, Nicks S, Jeffe D. “God used a lot of people to encourage me”: A qualitative exploration of sources of social support in African American breast cancer patients. Paper presented at the *Society for Social Work and Research Annual Meeting*, January 2018, Washington, DC.

Thompson T, Davis M, Pérez M, Jeffe D. “We’re in this together”: Spousal social support in African American breast cancer patients. In *Expanding the horizons of behavioral medicine with qualitative and mixed-methods research: Voices of diverse cancer patients*, T. Thompson (chair). Paper presented at *Society of Behavioral Medicine Annual Meeting*, March/April 2017, San Diego, CA.

Thompson T, Pérez M, Kreuter M, Margenthaler J, Colditz G, Jeffe D. Change in social support in African American breast cancer patients affects depressed mood and general health. Paper presented at *Society of Behavioral Medicine Annual Meeting*, March/April 2017, San Diego, CA.

Thompson T, James AS, Seo J, Griffith J, Thimmesch E, Baxter M, Kaphingst K. Effect of family context on African American women's use of family health history tools. Paper presented at *American Public Health Association Annual Meeting*, October 2012, San Francisco, CA.

Posters

Thompson T, Heiden-Rootes K, Joseph M, Gilmore LA, Johnson L, Albright EL, Brown M, McElroy JA, Proulx, CM. The social context of cancer for sexual minority women: A systematic review. Poster accepted for presentation at the Society of Behavioral Medicine Annual Meeting, April 1-4, 2020, San Francisco, CA.

Thompson T, Croston M, Roberts C, Poor T, Halsey E, McQueen A, Kreuter MW. "I'm always looking up something new": Health-related use of mobile phones among Medicaid beneficiaries. Poster accepted for the *American Public Health Association Annual Meeting*, November 2019, Philadelphia, PA.

Thompson T, Kreuter M, McQueen A, Caito N, Quinn K, Funaro J. "What would make your life better?": Unmet basic needs, health, and health behaviors among Medicaid beneficiaries. Poster presented at *Society of Behavioral Medicine Annual Meeting*, April 2018, New Orleans, LA.

Thompson T, Roux A, Kohl TL, Boyum S, Kreuter M. What would help low-income families most? Results from a national survey of 2-1-1 call center professionals. Poster presented at the *Society for Social Work and Research Annual Meeting*, January 2018, Washington, DC.

Thompson T, McQueen A, Kreuter M, Loughran M, Childs K, Caito N, Poor T, Wingfield JH, Funaro JA, Quinn K, Urnek M, Gibson L. A coach by any other name: Health coaching terminology, associations, preferences, and expectations. Poster presented at *Society of Behavioral Medicine Annual Meeting*, March/April 2017, San Diego, CA.

Thompson T, Kreuter MW, Caito N, Williams R, Fernandez M, Escoffery C, Kegler M. Disseminating an evidence-based program to promote smoke-free homes. Poster presented (by senior author) at the *National Council on Tobacco or Health Annual Meeting*, March 2017, Austin, TX.

Thompson T, Pérez M, Kreuter M, Margenthaler J, Colditz G, Jeffe D. Social support predictors in African American breast cancer patients. Poster presented at *Society of Behavioral Medicine Annual Meeting*, March/April 2016, Washington, DC. Citation of Excellence winner.

Pérez M, **Thompson T**, Jeffe D. Racial disparities in early-stage breast cancer patients' quality of life over time. Poster presented (by senior author) at *Society of Behavioral Medicine Annual Meeting*, March/April 2016, Washington, DC. Citation of Excellence winner.

Thompson T, McQueen A, Kreuter, M. Cancer fatalism among African American women: Correlates and change over time. Poster presented at *Society for Social Work and Research Annual Meeting*, January 2016, Washington, DC.

Thompson T, Jackson J. Second-hand exercise? Assessing the effects of spousal health behaviors on self-reported health. Poster presented at *Society of Behavioral Medicine Annual Meeting*, April 2015, San Antonio, TX.

Thompson T, Kreuter MW, Boyum S. Addressing basic needs to promote health: Resolving problems affects use of cancer control referrals. Poster presented at *Society of Behavioral Medicine Annual Meeting*, April 2015, San Antonio, TX.

Dunnigan A, **Thompson T**, Jonson-Reid M, Drake B. The relationship between spells in placement, hotline reports, and age of first report with chronic mental and physical health diagnoses in a foster care population. Poster presented (by first author) at *Society for Social Work and Research Annual Meeting*, January 2015.

Thompson T, Rodebaugh TL, Struthers J, Sefko JA, Lian M, Pérez M, Schootman M, Jeffe DB. Influence of neighborhood-level factors on social support in early-stage breast cancer patients. Poster presented at *Society of Behavioral Medicine Annual Meeting*, April 2014, Philadelphia, PA.

Thompson T, Duncan A, Kaphingst K. African American women's perceptions of diabetes. Poster presented at *Society for Social Work and Research Annual Meeting*, January 2014, San Antonio, TX.

Thompson T, Hudson DH. Examining predictors of anxiety across race in married and cohabiting people. Poster presented at *Society for Social Work and Research Annual Meeting*, January 2014, San Antonio, TX.

Kaphingst KA, James A, **Thompson T**, Seo J, Baxter M, Griffith J, Thimmesch E. Culture and literacy considerations in collecting family health history. Poster presented (by first author) at *Cancer, Culture, and Literacy Annual Meeting*, May 2012.

Thompson T, Rodebaugh T L, Pérez M, Schootman M, Jeffe DB. Social support change over time in early-stage breast cancer patients and controls. Poster presented (by senior author) at *Society of Behavioral Medicine Annual Meeting*, April 2012, New Orleans, LA.

Kaphingst KA, Baxter M, Griffith J, James A, Thimmesch E, **Thompson T**, Torres-Galvan M. Beliefs about family and use of family health history tools. Poster presented (by first author) at *Centers of Excellence in Cancer Communication Research CECCR II Grantee Meeting*, St. Louis, MO, October 2011.

RESEARCH EXPERIENCE

Research Assistant, Health Communication Research Laboratory, St. Louis, MO

June 2010–June 2016

Wrote manuscripts; conducted mixed-methods interviews about collection of family health history information; analyzed data in Atlas.ti and SPSS; used a health literacy tool to assess health resources; helped revise a health literacy evaluation tool; received training in qualitative and quantitative research; completed literature reviews; created posters

Graduate Practicum Student, Siteman Cancer Center, Division of Health Behavior Research, St. Louis, MO

May 2011–December 2011

Created literature reviews about breast cancer and quality of life; conducted interviews; managed and analyzed data; created a poster and wrote a manuscript about breast cancer and social support

Writing and Editing Consultant, American College of Radiology, Philadelphia, PA

May 2005–December 2008

Wrote articles about medical imaging and multi-site clinical trials for newsletters and trade publications; created content for patient brochures, posters, and web sites; wrote press releases and other publicity materials; copyedited newsletters

Protocol Associate, American College of Radiology, Philadelphia, PA

August 2002–August 2004

Worked with research teams to develop and revise multi-site clinical trial protocols for cancer imaging, including the National Lung Screening Trials (NLST) and the Digital Mammography Screening Study (DMIST); submitted protocols to government regulatory agencies and oversaw revisions; assisted sites in complying with regulatory requirements; presented regulatory information to researchers at conference sessions; developed an educational manual for principal investigators

TEACHING

Teaching Fellow (Independent Instructor), Washington University in St. Louis, MO

Fall 2015

Master's-level Research Methods class

Rated 4.72 (on a 5-point scale) for student satisfaction with quality of teaching

Teaching Assistant, Washington University in St. Louis, MO

Spring 2014

Master's-level Epidemiology Methods class

Fall 2013

Master's-level Social, Economic, & Political Environment class

Spring 2013

Master's-level Health Behavior & Health Promotion class

Guest Lecturer, Washington University in St. Louis, MO

Spring 2018, Spring 2017

Presented "Using Qualitative Methods for Evaluation" lecture in master's-level Evaluation of Programs and Services classes

Summer 2013, Spring 2014, Spring 2015

Presented "Behavioral Economics and Health" lecture in master's-level Health Behavior and Health Promotion classes

Project Director, StudioSTL, St. Louis, MO

January 2007–May 2010

Organized and taught creative writing workshops for students ages 11-18 for a nonprofit organization; oversaw a literary magazine for teenagers in St. Louis and co-directed an anthology project for middle school students in the Wellston School District

English Teacher, Raleigh Charter High School, Raleigh, NC

August 1999–June 2002

A founding teacher; taught 9th, 11th, and 12th grade English; co-chaired Diversity Committee

SERVICE

University service

Member, ad hoc Research Track Faculty Committee, 2018

Graduate student representative to the Board of Trustees, Washington University, 2014–15

Member, Professional and Graduate Student Coordinating Committee, Washington University, 2014–15

Member, Graduate Student Advisory Group, Washington University Teaching Center, 2012–14

Student representative, Brown School Public Health Committee, 2011–12

Student co-chair, Brown School 2012 Class Gift Campaign, 2011–12

Member, Brown School Advocacy and Leadership for Public Health Action, 2010–11

Professional service

Ad hoc reviewer, Publons profile: publons.com/a/1583473/; reviewed for the following journals:

Communication Studies

Health Education & Behavior

Health Education Journal

International Journal of Behavioral Medicine

Journal of Community Genetics

Journal of Family Communication

Journal of Genetic Counseling

Journal of Health Care for the Poor and Underserved

Journal of Psychosocial Oncology

Journal of Psychosomatic Research

Nicotine & Tobacco Research

PLOS One

Psycho-Oncology

Social Science & Medicine

Supportive Care in Cancer

Abstract reviewer, American Public Health Association Maternal and Child Health Section, 2013–15

Community service

Board Member, Washington University Campus Y Board of Advisors, 2018–present

Trustee, Webster Groves Public Library Board of Trustees, 2018–present

Member, Webster Groves School District Wellness Committee, 2018–present